

# ADAPTABILITY LONDON COMMUNITY

## NEWSLETTER

### In This Edition

- **Community Events**
  - **SCIO Access Expo event**
  - **Kiwanis "It's Just Me" Event**
  - **Website Feedback Meeting**
- **May Networking Event Recap**
- **Website Updates**

### Community Events

#### AdaptAbility Quarterly Meeting

**When:** August 5<sup>th</sup>, 2025, 1pm  
**Where:** Virtual

We'd love to have **YOUR** feedback on our Website! While it is still under construction, please join us **virtually** on August 5<sup>th</sup> to further discuss the changes and information you would like to see! (**More details on Page 3**)

#### SCI Ontario Access Expo

**When:** September 11, 2025  
3pm - 6pm  
**Where:** Parkwood Institute  
550 Wellington Rd. P3  
London, ON  
More information [HERE](#)

The Spinal Cord Injury Ontario Access Expo is an inclusive event, that brings together individuals with disabilities, caregivers, and service providers to explore adaptive technologies, accessible products, and support services.

Featuring exhibitor booths, live demonstrations, expert consultations, the expo fosters community, connection, and promotes solutions that enhance independent living and accessibility. **Booths and Demo space are available!** Please email dwolfe@uwo.ca for more information!

#### Kiwanis "It's Still Me" Event

**When:** September 27, 2025  
10am - 4pm  
**Where:** Kiwanis Park  
London, ON  
More information [HERE](#)

This is an inclusive, outdoor community event held at Kiwanis Park in London, ON. It features a 4.5 km walk/run/roll, a wheelchair relay, and a vibrant fall festival with adaptive sport demonstrations, kids' activities, food trucks, vendors, games, raffles, and entertainment.

The event promotes accessibility, community engagement, and support for individuals and families through local organizations.

**Booths and Demo space are available!** Please email dwolfe@uwo.ca for more information!

## June Networking Event

The ADAPTability program hosted its quarterly networking event this past June, bringing together organizations from across London, Ontario that are involved in adaptive sport, accessibility, and community engagement. Led by Dr. Laura Misener, the event focused on enhancing collaboration between organizations and improving volunteer recruitment, onboarding, and resource sharing. A central theme was how to streamline volunteer onboarding processes—particularly the duplication of background checks across organizations—which can be time-consuming and costly for volunteers. Attendees also noted a lack of awareness about available volunteer roles and community resources.

Through group discussions, four key needs emerged: harmonizing legal requirements, improving promotion and outreach, reducing costs for adaptive sports equipment, and creating inclusive volunteer opportunities for individuals with disabilities. Many emphasized the value of making it easier for individuals with impairments to give back through volunteering.

Proposed strategies included creating a central database of volunteer opportunities, increasing outreach to students at Western and Fanshawe, and promoting events via social media and community platforms. Suggestions like “Try-it Days” and a “Travelling Volunteer Expo” were shared as creative ways to help potential volunteers connect with organizations.

Other important issues discussed included a lack of public awareness of existing programs—particularly for older adults with disabilities—and the need for greater visibility of grants, support groups, and services already available in the region. The idea of participating in an upcoming Access Expo at Parkwood Institute (Sept 11) or the “It’s Still Me” event sponsored by Kiwanis Club (Sept 27) was also suggested to introduce the public to local organizations.

Looking ahead, partners recommended developing a centralized contact list to improve coordination across groups, share resources, and ensure more efficient service delivery. ADAPTability is excited to carry these ideas forward and looks forward to continuing to support the vibrant accessibility and adaptive sport community in London.



## June Networking Event

### Key Takeaways

- Streamlined Onboarding
  - Need to simplify volunteer onboarding and develop a centralized database of opportunities.
- Key Priorities
  - Focus on legal alignment, improved outreach, cost reduction, and inclusive volunteer roles.
- Public Awareness & Outreach
  - Emphasis on raising visibility through events like Access Expo and "It's Still Me."

### Website Updates

The AdaptAbility London Community website is now LIVE! While still in under construction, you may now access the website [\*\*HERE\*\*](#)! We look forward to populating the website with information about the various adaptive sport and activity groups in London Ontario!

We would also like your assistance with helping us keep our website up to date! If you would like to have your organization on our website, or if the information about your organization needs to be updated, please fill out the survey link [\*\*HERE\*\*](#)!

As mentioned on Page 1, we will be hosting our quarterly meeting to also discuss improvement, changes, and modifications to our site! The meeting will take place virtually on August 5<sup>th</sup> 2025, at 1pm via microsoft teams! The link for the invitation is below! Please email dwolfe@uwo.ca for more details!



<https://www.adaptabilitylondon.ca>

### Adaptability Quarterly Meeting

**AUGUST 5<sup>th</sup>, 2025 - 1pm**

**Meeting ID:** 254 231 858 726 0

**Passcode:** 9dZ7u5tg

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_MWQzZG14YTMtYTY1MC00NGVrLWFmYmYtMzE5NjAyYWNjYzQ1%40thread.v2/0?context=%7b%22Tid%22%3a%227ff8798e-45d9-4b91-8b74-70c6d86fc9b9%22%2c%22Oid%22%3a%2291bc9568-6070-4b33-a3b1-b0a4adb864f2%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MWQzZG14YTMtYTY1MC00NGVrLWFmYmYtMzE5NjAyYWNjYzQ1%40thread.v2/0?context=%7b%22Tid%22%3a%227ff8798e-45d9-4b91-8b74-70c6d86fc9b9%22%2c%22Oid%22%3a%2291bc9568-6070-4b33-a3b1-b0a4adb864f2%22%7d)

**Looking forward to seeing you all there!**